

## Washington FAMILY Magazine Group..

### FAMILY GAME NIGHT

Good morning,

I am not sure you all are feeling tired of winter but I am. This weekend I wanted to go outside but I have a cold. We stayed in and played games all weekend.

Winter has all of us spending a lot of time indoors. What can we do with our kids to break out of those winter doldrums and at the same time create quality family time?

Our Assistant Editor Amy Bevins appeared on WUSA9 News Now this morning. Amy says right now is a good time to create quality family time and have some fun at the same time by holding a FAMILY GAME NIGHT.

You can play with just your family or you can invite several families to share in an evening of fun. Best of all there are lots of additional benefits in a FAMILY Game Night.

Here are some examples of games that Amy recommends—

#### **Family Talk and Grandparent Talk**

These are perfect when you don't have time for a whole Game Night, but want to slip in a little family fun at dinner, in the car, on a trip or with Grandma and Grandpa. These games are designed to get your family talking. They have questions like "What is your favorite stuffed animal? Have you ever faced a bully? "

The company is also coming out with new versions including Teen Talk and Camp Talk.

You can find more articles and resources about quality family time on the Washington FAMILY Magazine web site. [www.washingtonFAMILY.com](http://www.washingtonFAMILY.com)

On our site there are also several articles written by Amy about award winning and educational games. She has quite a few up her sleeve.

Thanks, Happy Parenting,

Brenda